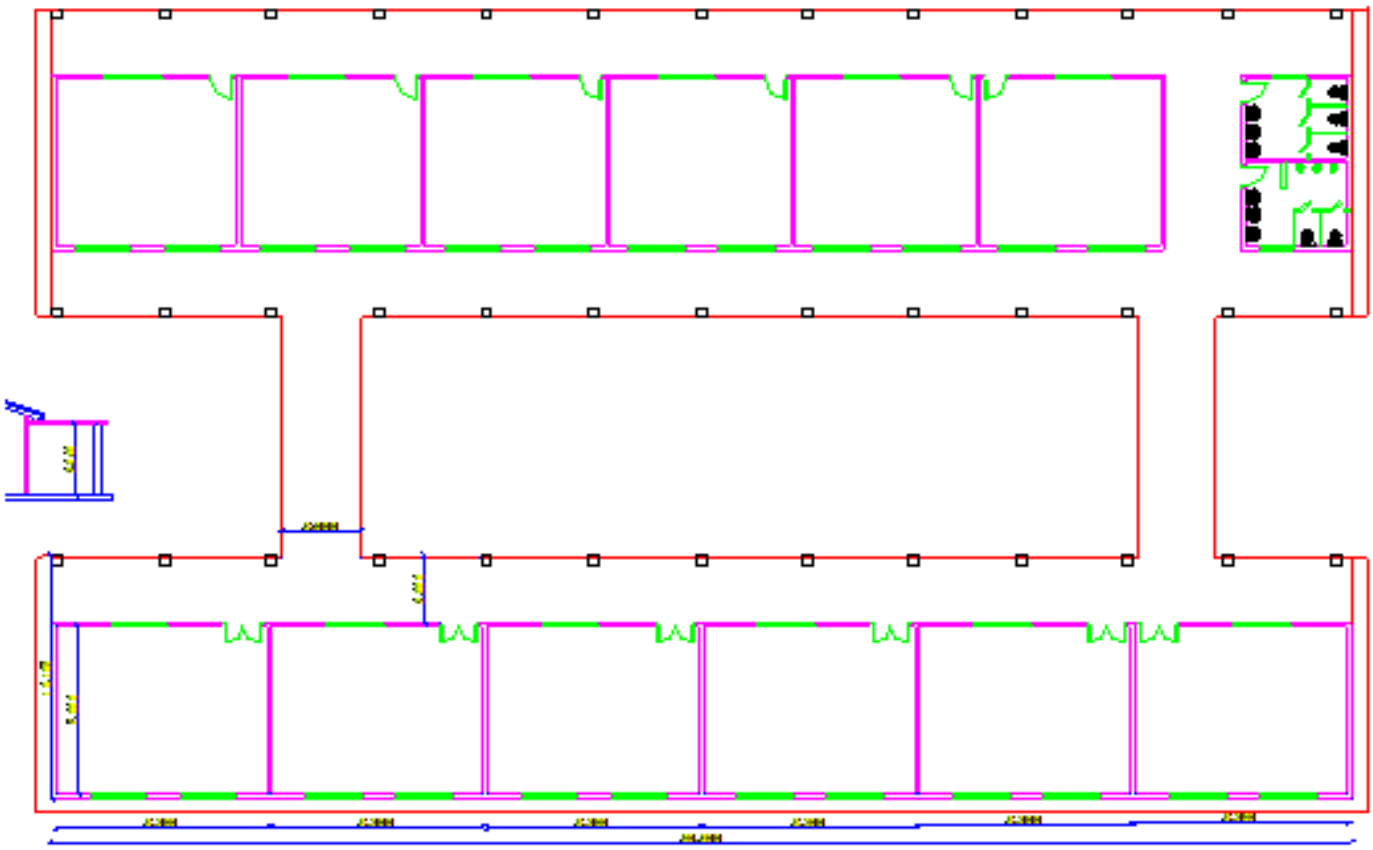PLANO